Liberman kindergarten has adopted a Sun Protection Policy. The purpose of this policy is to ensure that all children attending our centre are protected from skin damage caused by the harmful ultraviolet rays of the sun. It is important to balance sun protection with safe sun exposure for the production of vitamin D for bone growth and development. During May to August, at times when the UV radiation level is below 3, sun protection for most people is not necessary.

The policy states:

1. Children will be encouraged to avoid direct exposure to the sun during session times.
2. Children will wear hats whenever they are playing or doing activities outside when the UV radiation level is above 3. (Staff will check Cancer Council website daily for rating.)
3. Children who do not have their hats with them will be provided with a spare hat for the day. (will be washed after each use.)
4. Outdoor activities where possible will be held in shady areas.
5. Staff will apply sunscreen to children for the PM. Session (15 to 20 minutes before playing outside) on the days that the UV radiation level is above 3.
6. The Governing Council will endeavour to increase the number of shelters and trees providing shade.
7. The kindergarten will incorporate sun and skin awareness activities into the programs.
8. Staff will be positive roll models who practice skin protective behaviours.

This will mean that:

- Staff will be required to wear hats and appropriate clothing for all outdoor activity, and
- Staff will be expected to use and direct children to shaded areas in all possible instances.

9. On enrolment of their child, parents will be:

- Informed of the Sun Protection policy.
- Requested to provide a broad brimmed or legionnaire hat to be worn at kindergarten each day. (Children without a hat will be asked to play in shaded areas.)
- Encouraged to apply a 30+ or higher broad spectrum sunscreen to their child prior to bringing them to kindergarten every day.
• Encouraged to dress children in clothes that expose less of the skin to UV rays. (For example t-shirts not singlet tops or strap dresses.)
• Asked to sign permission for staff to apply 30+ sunscreen to their child at the start of the PM. session.
• Encouraged to practice skin protective behaviours themselves as positive role models for their children.

Reviewed: June 2012
To be reviewed: June 2013

Sourced Cancer Council of South Australia